Message

From: This Week @ EPA [epanews@epa.gov]
Sent: 2/19/2019 8:52:30 PM
To: This Week @ EPA [epanews@epa.gov]
Subject: This Week @ EPA - February 19, 2019

European Union delegation visits EPA

A European Union delegation toured EPA's Research Triangle Park facility on Thursday and learned about EPA's research in a nu
chemical testing, PFAS, decontamination, lead and arsenic at Superfund sites, microplastics, as well as next generation air quality
of pictures from the visit.

Pictured on the right, starting from the bottom right and going clockwise: Jennifer Orme-Zavaleta (EPA Principal Deputy Assistant Administrator Chief of Operations), Daniel Calleja Crespo (Director General, DC-DG Environment), Tim Watkins (EPA Director of National Exposure Research Director of the Office of Regional and Bilateral Affairs), Keatutis Sadauskas (Director, Circular Economy and Green Growth, EC-DG Environmen Assistant Administrator for Research and Development), Giuliani Torta (Counsellor, EU Delegation to the US), and BJ Collins (EPA Acting Direc and Resources Management-RTP).

Pictured to the left, from left to right: Britney Bolen (EPA Associate Administrator for Office of Policy), Henry Darwin (EPA Chief of Operations), J Principal Deputy Assistant Administrator for Science), Giuliani Torta (Counsellor, EU Delegation to the US), Keatutis Sadauskas (Director, Circu DG Environment), Daniel Calleja Crespo (Director General, DC-DG Environment), Mark Kasman (EPA Director of the Office of Regional and Bila (Office of Research and Development). Please note that no active experiments were happening in the lab, so safety goggles were not required.

Hot Topics

EPA announces first comprehensive nationwide PFAS Action Plan

Acting Administrator Andrew Wheeler announced EPA's historic Per- and Polyfluoroalkyl Substances (PFAS) Action Plan at an ev
Thursday. This plan was developed thanks to the work of EPA employees over the past year. EPA put on a two-day National Lead
conducted a series of visits to communities around the country directly impacted by PFAS, and reviewed the 120,000 comments s

"The PFAS Action Plan is the most comprehensive cross-agency plan to address an emerging chemical of concern ever undertak
Administrator Wheeler. "For the first time in Agency history, we utilized all of our program offices to construct an all-encompassing
communities address PFAS and protect our nation's drinking water. We are moving forward with several important actions, includi
level process, that will help affected communities better monitor, detect, and address PFAS."

EPA's Action Plan identifies both short-term solutions for addressing these chemicals and long-term strategies that will help provid
states, tribes, and local communities need to provide clean and safe drinking water to their residents and to address PFAS at the s

Thanks to all EPA staff who have and will continue to work on addressing PFAS in the nation's drinking water. To learn more abou
read the press release.

EPA to host a celebration in honor of Martin Luther King Jr. Day

Please take note, this celebration was postponed from January due to the government shutdown.

On February 27 at 3:30 p.m. EST in the headquarters Green Room, EPA will host a celebration in honor of Martin Luther King Jr.

The keynote speaker is Ms. Willie King. Ms. King (no blood relation) was MLK's secretary during the Civil Rights Movement. Ms. K
MLK's side to advocate for the fair and equal treatment of all people. She was also tasked with typing up MLK's handwritten notes
famous letter written while he was confined in a Birmingham jail.

The MC is Office of Civil Rights Director, Vicki Simons.

EPAtv information: Live streaming will be available via EPAtv. A recording of this event will be available February 28 via the EPA
remember that EPAtv is only available through Internet Explorer while on the EPA network and cannot be accessed remotely.

Sign Language Interpreters will be present at the event. People needing reasonable accommodations should contact Kristin Tropp
tropp.kristin@epa.gov.

If you have any questions, please contact Tania Allen at: allen.tania@epa.gov, or at 202-564-0290.

Please mark your calendars and plan to attend. ADD TO CALENDAR

AAAS, ASPPH Fellowship Year begins fall 2019

Bring fresh ideas and unique expertise to your EPA team by supporting Fellows from the American Association for the Advancem
Association of Schools and Programs of Public Health (ASPPH). EPA's partnerships with the AAAS and ASPPH fellowship progra
professionals with real-world opportunities to apply their knowledge while learning first-hand about policymaking and implementati

AAAS Science & Technology Policy Fellows (placed in headquarters only) range from early career to experienced scientists, engi
who hold doctoral degrees. ASPPH Environmental Health Fellows (can be placed in any EPA program and regional office) are rec
graduates from schools and programs accredited by the Council on Education for Public Health. Interested EPA host offices agree
for one year with the possibility of renewing for a second year. EPA placement descriptions are due by **March 7**. For more informa
please contact Jayne Michaud at: michaud.jayne@epa.gov.

Join the 2019 Step It Up Challenge

Are you resolved to exercise more in 2019? Keep your fitness goals on track and enjoy the benefits of an active lifestyle by partici
Challenge.

From March 1 to May 31, participants will log their steps and exercise in a mobile-friendly online form, earning points to help their
similarly-sized EPA locations agencywide.

This year's challenge includes a few new features:

- The challenge will be cumulative, with winners announced at the end of the three-month agencywide competition period.
- The revamped online form is mobile-friendly. Bookmark the sign-in page on your smartphone to log data and earn points
- Participants within a location can now form small challenge groups (i.e., between two and five people) to engage in friendl

To join the challenge, sign up on the Challenges page, and check out success stories and tips from 2018 Step It Up Challenge pa
and Past Results page.

For more information, visit the Challenges page on the EPA intranet.

EPA wins 2018 Feds Feed Families award

Congratulations to EPA for winning the Feds Feed Families (FFF) small agency category award for most food collected in the 201 generosity, we exceeded our **goal of 175,000 pounds** - ultimately collecting **253,450 pounds of food for people in need!** Toget the government collected a total of 8,389,516 pounds. A special thanks to the Office of Research and Development for leading EF lookout for the start of the 2019 FFF this summer.

ELMS Update

REMINDER: OCI to host first open house

All are welcome to OCI's first open house on Monday, February 25 from 11 a.m. - 2 p.m.!

Key Dates

Video Spotlig

Click on each event below to get more details.

EPA announces comprehensive natio

EPA Acting Administrator Andrew Wheeler anno
Polyfluoroalkyl Substances (PFAS) Action Plan.
short-term solutions for addressing these chemic
will help provide the tools and technologies state
need to provide clean and safe drinking water.

(Total time: 24:02)

Click on the "Add to Calendar" button to add an event to your Outlook calendar.
If you see a log-in screen, please click on your EPA email, or if prompted, enter your email and network password.

This week:

Feb. 19: EndNote Basics webinar ADD TO CALENDAR
Feb. 22: New date for the CFC Campaign end ADD TO CALENDAR

Coming soon:

Feb. 25: Office of Continuous Improvement Open House ADD TO CALENDAR
Feb. 26: African American History Month Celebration ADD TO CALENDAR
Feb. 27: Martin Luther King Day Jr. Celebration ADD TO CALENDAR
March 6: Deaf Culture Seminar ADD TO CALENDAR
March 7: Deadline to Submit Placement Descriptions for 2019 AAAS and ASPPH Fellowships ADD TO CALENDAR

Health & Wellness

Lead an anti-inflammatory lifestyle

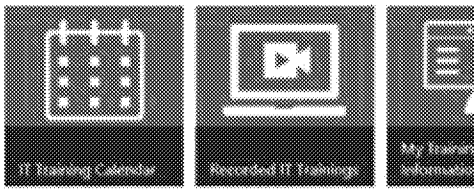
Inflammation is your immune system's response to fight off harmful stimuli, but if the inflammatory response persists for an extended period, the symptoms can become chronic and harm the body. Chronic inflammatory diseases include stroke, heart disease, cancer, and diabetes, and - according to the article "Chronic Inflammation" on the National Center for Biotechnology Information website - are responsible for the deaths of three out of five people worldwide. While more research is needed to fully understand the relationship between inflammation and chronic conditions, the following habits can reduce your risk for chronic inflammation while also benefitting your overall wellbeing:

- Avoid processed foods and eat a healthy diet that includes fruits, vegetables, whole grains, and healthy fats (e.g., olive oil and fatty fish).
- Do not smoke.
- Maintain a healthy weight.
- Get regular exercise.
- Manage stress.

For more information, visit the Anti-Inflammatory Lifestyle page on the EPA intranet.

IT Corner

EPA IT Training Program



Are you wondering where to find IT-related trainin
is here to help. Pre-recorded webinars are availa
there's also a calendar feature so you can registe
that fit your schedule.

Don't see the right class for you? No problem, jus
Form to request instructor-led IT training. This typ
cost for EPA employees and is scheduled based

Possible training topics include:

- Adobe Connect
- Excel
- Mobile Devices
- Office 2016
- OneNote

If you have any questions, please contact the IT
EPA_IT_Training_Program@epa.gov.

NOTE: For all technical issues, headquarters offi
Enterprise IT Service Desk (EISD) at EISD@epa
(option 3). Regional offices should contact their l

We would love to hear our feedback about this newsletter. Please contact us at internalcomms@epa.gov | http://intranet.epa.gov/internalcomms
Looking for previous editions of the newsletter? Go to the Newsletter Archive